



ST. VINCENT DE PAUL SEATTLE/
KING COUNTY

MISSION DISCIPLESHIP INSTITUTE (MDI) SUMMER SERVICE EXPERIENCE



Give back this summer and make a difference! Join the MDI Summer Service Experience – an opportunity for students to serve and understand more deeply the lives of our neighbors on the margins.

TUESDAYS, THURSDAYS & FRIDAYS STARTING JULY 2, 2024

**END OF SUMMER REFLECTION AND CELEBRATION WILL BE ON
AUGUST 23, 2024.**

TO SIGN UP: 📞 206-482-0000 🌐 www.svdpseattle.org
vincentiansupport@svdpseattle.org

SVdP Seattle King/County
5950 Fourth Ave S., Seattle WA 98108



MDI Summer Service Experience

MDI Summer Service Experience enables students to continue to deepen and affirm their Catholic faith by serving our neighbors in SVDP Foodbank in Georgetown this summer. Students will be challenged to look beyond their own needs and desires and reflect on “who is my neighbor” and helped to identify their own unconscious bias and judgements. Their experience awakens a sense that the neighbors they are feeding are good, struggling human beings with dignity and the Holy Spirit with in. And that every simple act and little gesture or spoken word lifts the spirits of our neighbors.

MDI students experience an opportunity to meet face to face and welcome our neighbors to our food bank, chatting with and listening to them as food is handed to each neighbor individually. They will be engaged in service- learning activity and reflect on their experiences and gain strength about their faith in the process that would hopefully make them better adults.

Who Can Volunteer?

- Students from Grade 7 and above from Catholic Schools of Western Washington who have participated in MDI
- Must be accompanied by a parent or guardian: Volunteers 16 years old and below. For group of 4, only one chaperone is required.
- Volunteers should be able to sign up at least once from July – August 23, 2024 (See dates below) and be able to attend the End of Summer Reflection & Celebration on August 23 (Details to follow)
- Students can sign up individually on any day the food bank is open. A group of classmates or friends can sign up at the same time, with a maximum number of 4 volunteers – groups must reserve the date with the volunteer coordinator.
- This activity can also be a ‘family volunteer day’ – the student can bring their siblings – this group must also reserve the date with the volunteer coordinator.
- Contact volunteer@svdpseattle.org or 206.482.0000

Volunteer Service Dates

*All dates will have the same food bank time period: 10:45am to 2:10pm

July	August
July 2, 9, 16, 23, 30 – Tuesdays July 11, 18, 25 – Thursdays July 12, 19, 26 - Fridays	August 6, 13, 20 – Tuesdays August 1,8,15 22– Thursdays August 2, 9, 16, 23, – Fridays August 23 – Friday, 2:30pm End of Summer Reflection & Celebration

Time Schedule

TIME	TO - DOs
10:45 AM	<ul style="list-style-type: none">• Welcoming of Volunteers
10:55	<ul style="list-style-type: none">• Meeting Core volunteers• Instructions
11:00	Door Opens: Volunteer work begins
12:00 PM – 12:30	Lunch
12: 30	Continuation of Volunteer Work
2:00	Closing/ Washing-up
2:05 – 2:10	Project ends

How to Participate:

1. Fill out application (Can be requested at vincentionsupport@svdpseattle.org or by calling 206.482.0000)
2. Fill out the parental consent form that will be attached with the application form
3. Choose the date from the calendar above.
4. Send back the application form via email to confirm signing-up. Volunteers will receive back a confirmation email.
5. Show-up on your scheduled date.

Arrival at SVdP

1. Volunteers will be welcomed by SVdP staff
2. Sign in the log in sheet
3. Brief instructions will be provided by food bank staff.
4. Assigning volunteers to their designated food crate positions.
5. Actual work begins from 11am to 2pm
6. Sign out

Tasks in Foodbank Distribution Line

1. Volunteers will assist in food distribution and help replenish food bins.
2. There will be a number on each crate indicating the number each item neighbor can receive.
3. Check their ticket indicating their family 'size' (either S or L). Distribute only the amount listed on the crate.
4. If the neighbors does not have a family size ticket, please redirect them back to the front desk.
5. Volunteers will be handing out food next to a core volunteer (regular volunteers) who will be there to answer any questions or concerns that you may have.
6. Volunteers will also help replenish food items in the crate and may help put back empty crates in designated space.
7. Volunteers at the last 2 crates in the distribution line will make sure that tickets will be dropped back in the basket before the neighbor exits.
8. Volunteers will be asked to wear gloves, but wearing a face mask is optional
9. Help in the clean-up after distribution.

Engaging Neighbors

1. While many of the neighbors do not speak English, volunteers are encouraged to greet each of them with a smile or a simple "Hello" and "Hi." They can also use welcoming gestures like waving or pointing toward quantity of the items.
2. Volunteers may suggest to the neighbors to grab an empty box if needed to carry their food items, which are available under the table and in one corner of the hall.
3. Some of the neighbors experiencing homelessness have been living on the streets for a while, so they may not be as presentable as they would like to be. Volunteers may try to make their time enjoyable by smiling and engaging with them in conversation if possible

4. Be respectful of the space of others. Be aware of their personal space and the volunteer space too. If neighbors have questions you cannot answer, feel free to call the staff.

Other Notes

CHAPERONES: an adult chaperone must accompany a volunteer student whose age is 16 and below. For groups of 4, they can be accompanied by one chaperone only.

PARKING: A parking space will be available in the in the SVdP parking lot. For groups, carpooling is encouraged.

LUNCH: Bring a sack lunch or snack, including a beverage. We encourage the use of water tumbler for each volunteer to minimize single use of plastic bottles.

WHAT TO WEAR: Wear comfortable clothes and closed-toe footwear.

BELONGINGS: Leave backpacks and valuables at home or office. (St. Vincent de Paul is not responsible for any lost or stolen items)

SAFETY: The food bank is a busy environment; volunteers are encouraged to be mindful of their working space, movements, and actions to avoid accidents and other unexpected events.

FOOD ITEMS: Volunteers are not allowed to take or consume any of the food items in the Foodbank. Eating is not allowed in the distribution line. Volunteers will have a lunch break and in-between duty breaks for personal necessities. Volunteer must not also play with the items (i.e. juggling, tossing) and must handle the items carefully.

DONATION: This is optional but you may want to bring if you have extra of the items that can be donated to the food bank. Follow this link for the items needed in the Foodbank.

<https://svdpseattle.org/get-help/food-bank/>

Appreciation

We appreciate you and your group taking the time and choosing to volunteer with us! At the conclusion of your visit, we hope you leave our campus having a deeper understanding and appreciation for the work that generous partners and volunteers (like you) enable us to do. Again, all of your volunteer work is greatly appreciated.

Culmination: End of Summer Reflection and Celebration

At the end of the season, all students and chaperones who participated in the Summer of Service will be invited to a simple gathering to process their experience serving the neighbors. It will be on August (August 23, 2024)